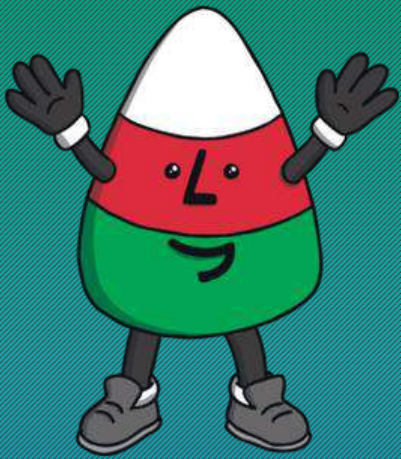


Llangrannog

Noson wybodaeth
Information evening

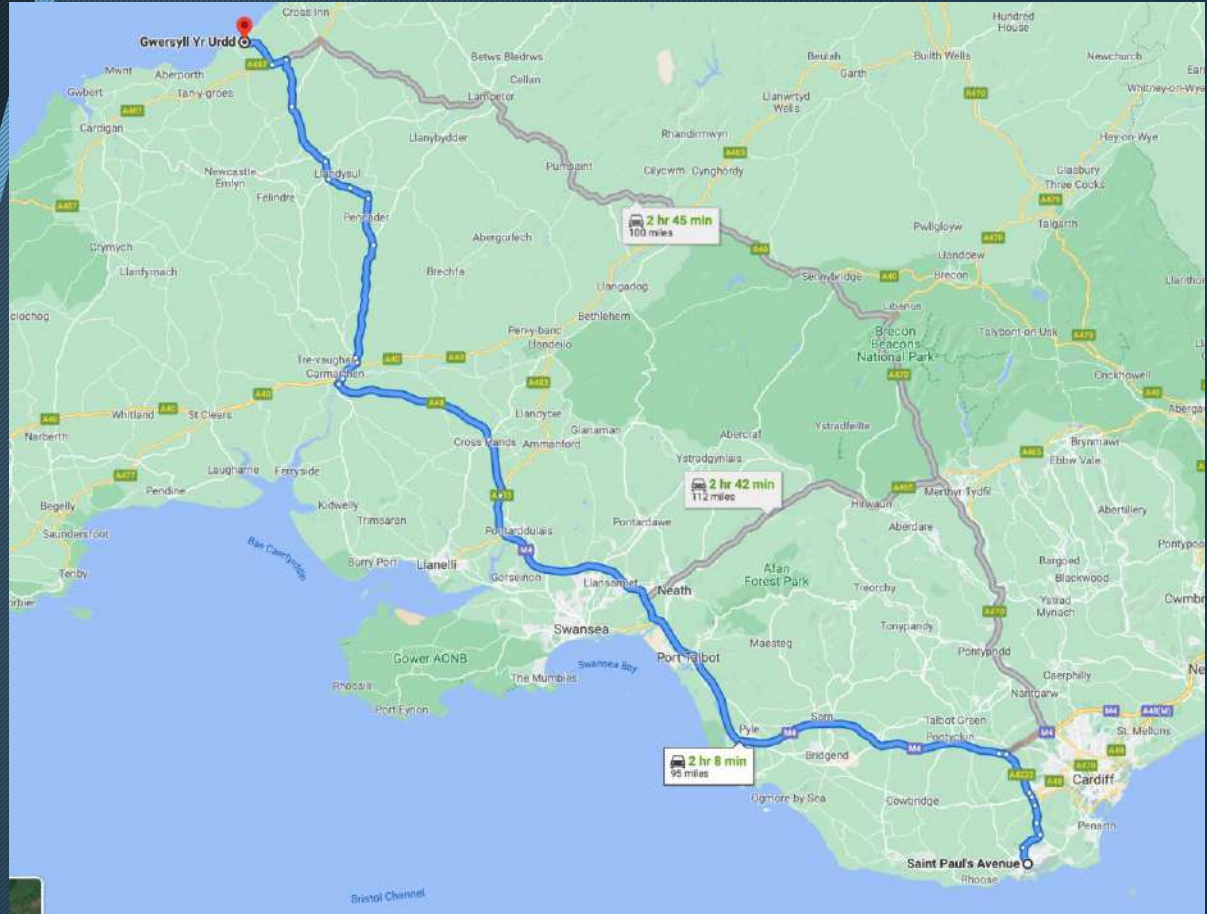
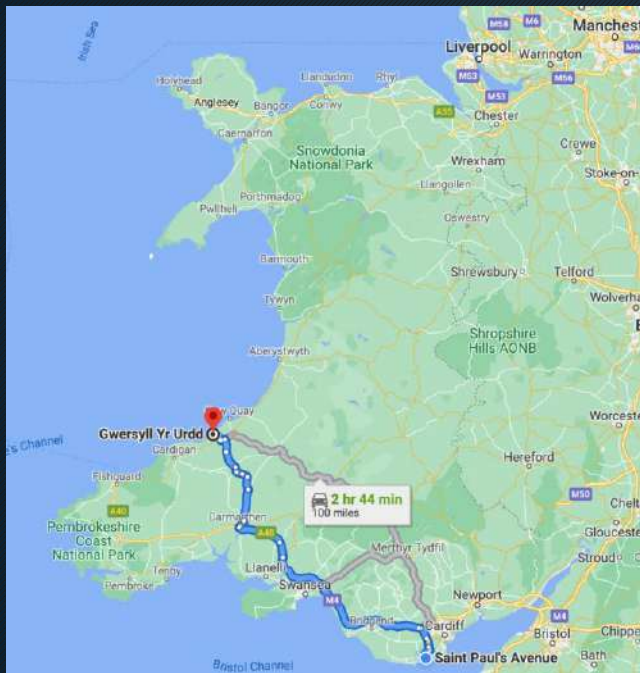


Llangrannog

- Sefydlwyd yn 1932
- Caban pren y ffreutur oedd canolbwynt y Gwersyll bryd hynny.
- Cafwyd buddsoddiad o £5.5 miliwn i godi bloc cysgu newydd sbon, Cilborth sy'n lletya dros 200 mewn ystafelloedd en-suite a Chanolfan Hamdden Syr Ifan.

- Established in 1932
- The wooden cabin of the refectory, was the focus of the Gwersyll at the time.
- During the first decade of the new century a £5.5 million investment was made to build a brand new sleeping block, Cilborth, which accommodates over 200 residents in en-suite rooms, the Syr Ifan Leisure Centre.

Ble mae Llangrannog? Where is Llangrannog?

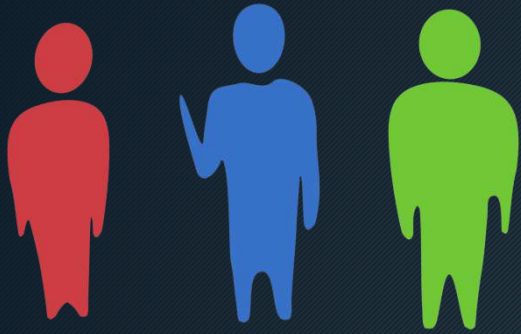


Beth yw'r manteision?

What are the benefits of going?

- Cyfleoedd newydd
- New opportunities
- Cyfle i fod yn fwy annibynnol a dibynadwy (pacio a sgiliau amser a threfnu)
- A chance to be more independent and reliable (packing and time keeping, organising)
- Cyfle i wynebu ofnau
- The opportunity to face fears
- Dysgu sgiliau newydd
- To learn new skills
- Gwydnwch!
- Resilience and grit!

Staff



Mr Prosser

Miss Jones

Mr Roberts

Llety

The Accommodation.

Llety

- Ystafelloedd i 4-8 disgybl

Gofalwr 24 awr

- Stafell ymgynnull i'r disgyblion
- Ffreutur ar gyfer brecwast, cinio, te a swper



Accommodation

- En suite rooms for 4 to 8 pupils
- 24 hour Duty Instructor
- Pupils' common room
- Canteen for breakfast, lunch, tea and supper

Y Gweithgareddau

The Activities



<https://www.youtube.com/watch?v=Zarf8gZvppk>



Blas o Weithgareddau...
A taste of the activities...

Cwrs Antur
Nofio
Rhaffau Isel
Ceffylau
Saethyddiaeth
Gwyltgrefft
Beiciau Modur
Lloches
Adeiladu Tân
Wal Ddringo
Rhaffau Uchel
Ceirt Modur
Gwib-gartio
Twr Neidio
Abseilio
Gwifren Sip
Taith Gerdded i'r Traeth
Sgio

Adventure Course
Swimming
Low Ropes
Horses
Archery
Bushcraft
Quad Bikes
Building a Shelter
Climbing Wall
High Ropes
Go-Karts
Toboggans
Jumping Tower
Abseiling
Zip Wire
Walk to the Beach
Skiing

Diwrnod Arferol

A Typical Day

7.30	Codi Wake up
8:00	Brecwast Breakfast
9:00-10:45	Gweithgaredd 1 Activity 1
10:45-11:00	Egwyl Break
11:00-12:15	Gweithgaredd 2 Activity 2
12:15-13:30	Cinio Lunch
13:30-14:45	Gweithgaredd 3 Activity 3
14:45-15:00	Egwyl Break
15:00-16:15	Gweithgaredd 4 Activity 4
16:15-17:00	Te Tea
17:00-18:30	Gweithgaredd 5 Activity 5
18:30-20:00	Swper Supper
20:00-21:00	Gweithgaredd nos Night Activity

Bwyd | Food



- Mae Llangrannog yn darparu ar gyfer holl ofynion dietegol
- Dewis o brydiau bwyd bob nos
- Brecwast, cinio, te a swper



- Llangrannog caters for all dietary requirements
- A choice of meals per night
- Breakfast, lunch, tea and supper



Neuadd fwyd newydd Llangrannog

The new food hall at Llangrannog

Arian Poted | Pocket Money



- £10 o arian poted am yr wythnos
- Mae siop i brynu anrhegion
- £10 pocket money for the week.
- There is a shop at Llangrannog to buy presents

Meddyginiaeth Medication



- Gofynnir yn garedig i unrhyw feddyginiaeth gael eu rhoi i'r athro ar fore dydd Llun (09.10.2023) gyda chyfarwyddiadau pryd i gymryd y meddyginiaeth a faint.
- Unrhyw dabledi teithio i Miss Jones.

We kindly ask that you bring any medication to the teacher on Monday (09.10.2023) with instructions stating when to take the medication and what dosage.

- Any travel medication to Miss Jones.

Beth i bacio?

- Sach gysgu a gorchudd gobennydd
- Dillad nos a phethau ymolchi
- Dillad nofio
- 2 dywel
- 2/3 bâr o dreinyrs/ esgidiau cerdded neu wellingtons ar gyfer y ceffylau
- Trowseri/siorts am yr wythnos (o leiaf un y dydd/ dim jîns)
- 4x swimper cynnes/ Côt law
- Digon o grysau-t am yr wythnos
- Dillad isaf a sannau (digon am yr wythnos)
- Hen ddillad ar gyfer y cwrs antur (bag plastig i roi popeth mwdlyd)
- Dillad chwaraeon
- Dillad addas i sgïo (hen fenyg neu den dracwisg)
- Dillad glaw
- Dillad ar gyfer y disgo

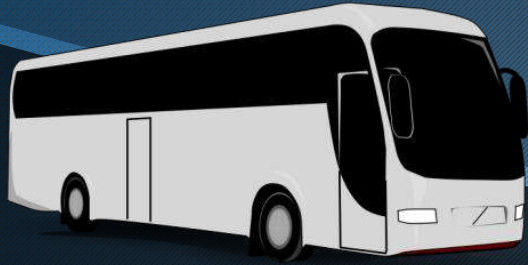
What to pack?

- *Sleeping bag and pillow-case*
- *Pyjamas and wash bag*
- *Swimming costume/ shorts*
- *2 towels*
- *2/3 pairs of trainers/ walking boots or wellingtons for the horse riding*
- *Trousers/ shorts (at least one pair a day)*
- *4x warm jumpers/ raincoat*
- *Enough t-shirts for the week*
- *Underwear and socks (enough for the week)*
- *Old clothes for the adventure course (plastic bag to keep them afterwards)*
- *Sports clothes (tracksuit)*
- *Clothes suitable for skiing (gloves and tracksuit)*
- *Waterproof clothing*
- *Clothes for the disco*



urdd.org

Urdd Gobaith Cymru

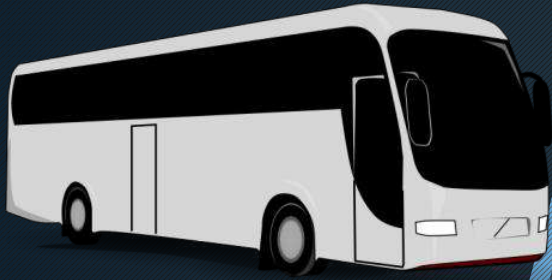


Yn Gadael Departure

- Byddwn yn gadael am 09:15 er mwyn cyrraedd a chael cinio yn Llangrannog.
- We will be leaving at 09:15 and aim to arrive for lunch at Llangrannog.

Dychwelyd Adref

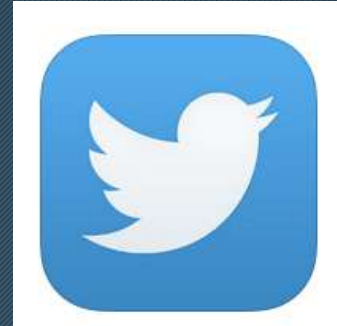
Returning home



- Byddwn yn dychwelyd yn ôl i'r ysgol am 13:30 (gadael Llangrannog am tua 09:30)
- Byddwn yn defnyddio Trydar er mwyn dweud ble ydyn ni ac yn danfon neges destun pan rydyn ni'n agosach at adref.
- Gofynnir i chi gasglu eich plentyn o'r Ysgol yn brydlon
 - We will be returning to school by 13:30 (leaving Llangrannog at around 09:30)
 - We will update the school and Twitter with our whereabouts and send a text message when we are closer to home.
 - We kindly ask that you collect your child from school promptly.

Cadw mewn Cysylltiad

Keeping in Touch



Bydd lluniau ar Drydar yn ddyddiol.
Byddwn yn creu tudalen Drydar yn
arbennig ar gyfer y trip.

Photos will be on Twitter daily. We will
be creating a Twitter page for the
visit.

- Bydd y Pwerbwynt yma ar wefan yr ysgol

- This PowerPoint will be available on the school website



- Gwybodaeth bellach ar wefan Llangrannog

- Further information available on the Llangrannog website



<https://www.urdd.cymru/cy/ein-gwersylloedd/llangrannog/>

**Diolch am wrando.
Oes unrhyw gwestiynau?**

**Thank you for listening.
Are there any questions?**